



OFSC LEARN TO SKATE PROCEDURES: September-December 2020

Please note that all policies & protocols have been developed in conjunction with Skate Ontario, the City of Orillia and the Simcoe Muskoka District Health Unit; these must be followed by all OFSC members upon returning to the ice. It is important to comply with all aspects to ensure the safety of all involved; more information can be found on the C-19 tab on our club website.

Arriving at the arena:

1. Skaters must arrive 15 to 20 minutes prior to the on-ice start time for their session – doors are locked at the start of the session and there will be no access or entry for late arrivals.
2. Skaters must arrive dressed in their on-ice clothes & with their skates on prior to entering the arena.
3. Skaters MUST have guards and they MUST be able to put their guards on and off their skates themselves without assistance. Please make sure your skater's name is on their guards. NO guards with wheels!
4. Line up outside the front doors of the arena using social distancing (2 metres = 6 feet apart).
5. All skaters MUST wear a mask to enter the arena.

Entering the arena:

6. NO Parents will be allowed in the arena at this time -- All Canskaters MUST be signed in at the front door.
→ Please ensure our volunteer has your correct phone number & knows who will be picking your skater up at the end of the session.
→ All skaters must complete the city of Orillia waiver each time they skate; have your signed paper copy ready to hand in at the front door.
7. An Orillia FSC coach or volunteer will perform the required Skate Ontario covid screening check.
8. Skaters will pick up their sanitized name tag from the volunteer at the front door and then will be lined up at a safe distance to be led to the ice area by a coach or program assistant.
9. Skaters will remove their own guards and put them into their designated area until the session is over.

During the session:

10. There are a maximum of 21 skaters divided into 3 groups on the ice per session; one adult coach and three program assistants will also be on the ice to teach & assist skaters without physical contact.
11. CanSkate circuits have been redesigned to allow for full movement & skill development while also maintaining safe social distancing between skaters.
12. Washroom is for emergency use only. Please ensure your skater uses the washroom before leaving home. Skaters will need to wear pants or a skating skirt that is easy for them to remove (elastic waist) in the event that they must use the washroom as they will need to be able to do so independently.
→ IF the washroom is needed: a coach/volunteer will direct skater to the emergency bathroom; the coach/volunteer will wait outside in the hallway until skater is finished and direct them back to the ice.
13. If your child is hurt on the ice, a coach will put on a clean mask along with a face shield and medical gloves. The coach will determine if the skater requires assistance/first aid/911. Parents will be contacted and notified of the incident.

At the end of the session:

14. CanSkaters will collect their guards and put them on.
15. They will exit through the side door (at Rotary = near the tennis courts & at Brian Orser = left side of the building). An adult coach or volunteer will escort the skaters outside.
16. All skaters MUST be signed out on the club clipboard by the parent/guardian who is doing pick up.

Thank you for following these procedures every time you come to skate! The safety of our skaters, coaches, and parent volunteers is our top priority. Please read the section on the next page so you are aware of the established Covid-19 protocols:

IF AN INDIVIDUAL BECOMES UNWELL WITH SYMPTOMS OF COVID-19

- That individual must immediately stop participation in club or skating school activities.
 - The individual should be isolated from all others in a well-ventilated area (or outside) and will ensure their mask is on.
 - The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
 - The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning or disinfecting.
 - The OFSC COVID-19 Oversight Group should be informed of the situation by emailing C19OFSC@gmail.com and a committee member will then contact the individual (or their parent/guardian) to determine if next steps are being taken regarding testing.
- ** If no test was performed, or the test was negative, the individual may only return to skating once they no longer have any symptoms of Covid-19 for at least 24 hours.

IF AN INDIVIDUAL IS TESTED FOR COVID-19

- Any individual that is part of a club or skating school that has been tested for COVID-19 must not participate in club or skating school activities while waiting for the results of the test.
- The OFSC will work with public health (SMDHU) to consult the Session Participation tracking sheets to inform other OFSC members who might have been in close contact with the individual. Close contact is defined as being within 2m for a period lasting more than 15 minutes, without appropriate or consistent use of PPE.
- Any OFSC members who were in close contact with the individual should not participate in OFSC activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

IF AN INDIVIDUAL TESTS POSITIVE FOR COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the OFSC COVID-19 Oversight Group by sending an email to C19OFSC@gmail.com
- The COVID-19 Oversight Group will work with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other OFSC members who may have been in close contact with the individual.
- Any OFSC members who were in close contact with the individual should not participate in OFSC activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- It is recommended to also inform all OFSC members of a positive COVID-19 result within the OFSC setting.
- The OFSC should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The OFSC will inform Skate Ontario of a positive COVID-19 diagnosis by e- mailing clubsupportservices@skateontario.org

We would like to inform you of the individuals who will be acting as the COVID-19 Oversight Group as we transition back to skating activities. The following OFSC Board members will comprise this committee:

Lori Irwin

Tracey Zwiers

Mary Collins

Erin Shaw

Jayne Zwiers

Kiera Gagnon

* Please consult the new **C-19 Info tab** on our club website (www.orilliafigureskatingclub.com) should you have questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19 and our skating sessions.

** A dedicated email C19OFSC@gmail.com has also been created for you to pose questions and to inform the club of any exposure to Covid-19 (potential and/or confirmed) or symptoms experienced by your skater(s). You may also call **705-329-4843** or call / text **705-238-6661** to share this information. We thank you for your cooperation and for adhering to this protocol.